

FACILITIES

The Huskies train in the Saskatoon Field House during the competitive season. It is a fully equipped 6 lane corner/8 lane straight 200m track, with multiple pits for horizontal jumps, as well as a full complement of space and equipment for hurdles, pole-vault, high jump, shot put and weight throw.

The Huskies also have access to the Physical Activity Complex (PAC) on campus, with a weight room, stretching area, lifting platforms, machines and free weights, treadmills, bikes, and a pool for aquatic workouts.

HUSKIE HEALTH

As a Huskie, you are supported with performance therapy through student trainers during the season and more comprehensive services provided by our dedicated staff at the Huskie Health Centre located in the PAC.

Upon referral, you will also have access to a number of additional performance services such as our team doctor and mental skills and nutrition sessions in either group or individual formats, depending on performance level.



LIFE AS A HUSKIE

The Huskies are a tight knit group that become another family while you attend the University of Saskatchewan. We see each other nearly every day, as you can expect to train five days per week from September through March as we pursue our goal of being the best program in the nation.

On and off season, you are expected to adhere to the Huskies Code of Conduct, pursue excellence in the classroom, contribute to and support team events and fund-raising efforts such as the Huskie Legacy Gala, and work towards athletic excellence by giving your best during every training session. Our pursuit of performance excellence focuses on our goal of winning Canada West conference and USports national team titles through individual athlete achievement.

An average day during the week might include classes during the day, workout in the evening at the Field House from 4:30-6:30pm, followed by weights, a performance enhancement education session at the PAC, and ending with further studies. We pursue excellence in all areas of life – classroom, community, and sport.

Beginning in January, we compete in meets nearly every weekend across Western Canada, and sometimes in the United States, depending on performance level. Travelling by bus, and sometimes air, our student athletes are provided with a meal per diem and memories that will last a lifetime as Huskie student-athletes.

In late February and early March, we select the best of the best who will then take part in the championship part of the season with the Canada West Conference Championships and, for those who qualify, the USports National Championships.

At the end of March, we host the Huskie Legacy Gala for our track and field and cross-country program. A formal affair, we gather with alumni, fans, parents, supporters, and friends to celebrate team success, individual achievements, hand out team awards, recognize our 5th year athletes, and raise funds for the program. This is followed by the Huskie Salute, the annual year end awards ceremony for all of Huskie Athletics which culminates the end of yet another year for the program



TRACK AND FIELD PROGRAM

**INFORMATION GUIDE FOR
RECRUITS, PARENTS AND COACHES**

ONE TEAM. ONE DREAM. ONE LEGACY.



**IF YOU HAVE WHAT IT TAKES TO BE A HUSKIE
CONTACT:**

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632 CONFERENCE CHAMPIONS

161 NATIONAL CHAMPIONS

41 CONFERENCE TEAM CHAMPIONSHIPS

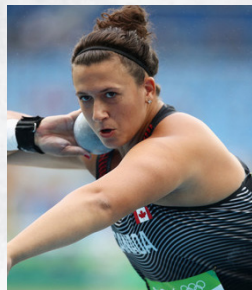
12 NATIONAL TEAM CHAMPIONSHIPS



OUR LEGACY

The Huskies have a proud tradition of excellence. We are the most successful team on the University of Saskatchewan campus with 41 conference championships (22 women and 19 men) and 12 national championships (7 women and 5 men). In Canada West, both our men's and women's team have won more titles than any other team in the conference.

Individually, the Huskies have helped develop athletes who have competed at the highest levels of the sport, including the Olympic Games, World Championships, World University Student Games (FISU), Pan American Games, and NACAC Championships.



"I loved my time as a Huskie athlete! I learned from some of the best coaches in the CIS, which prepared me for teams like the 2015 Pan American Games and the 2016 Olympics. Competing as a Huskie was a crucial stepping stone in my career and I wouldn't trade it for anything!"

Taryn Suttie – Former Huskie and 2016 Rio Olympian

SCHOLARSHIPS/AWARDS

The UofS offers many academic and athletic scholarships. Academic scholarships are applied for online and prospective students are encouraged to visit admissions. usask.ca/money/scholarships.php.

ACADEMIC SCHOLARSHIP INCLUDE:

- Guaranteed entrance scholarships based on academic standing coming out of high school. 85%-89.9% = \$500; 90%-92.9% = \$1000; 93%-94.9% = \$2000; 95%+ = \$3000
- Best & Brightest Entrance Scholarships from \$12,000-\$40,000 (must apply for admission by December 1st and submit your online scholarship application by December 15th).
- Competitive Entrance Awards from \$500 to \$32,000 (must apply for admission by February 15th and submit your online application by March 1st).

ATHLETIC SCHOLARSHIPS:

Athletic scholarships for entering and returning athletes are performance based and determined by the Head Coach. An athletes' current performance level, projected contributions to the team, and competitiveness at the conference and national championship levels are taken into consideration when determining scholarship potential.

MAKING THE TEAM

We are a varsity program committed to providing an elite level university student-athlete experience. Performance level requirements mean that not everyone can call themselves a Huskie. Try out opportunities are provided every fall to eligible students at the UofS. However, for those who are not selected to become Huskies we have a great relationship with our local clubs. If you don't make the Huskies you are encouraged to join a local club, train hard, compete during the year for that club, and try out next year. Making one of our performance standards during the year will make you eligible for Huskie selection the following year.

COACHING STAFF

The Huskie program has NCCP certified coaches with experience and expertise in all event areas of track and field, enabling us to develop varsity level athletes in all event areas. Our dedicated coaches volunteer their time and passion to help our program achieve our goals.

HEAD COACH: JASON REINDL



Jason Reindl, ChPC was a member of the 2005 National Championship winning team and took on leadership role of Head Coach for the Huskies program in 2017. In his first year he led the women's team to their 22nd Canada West title and was named Canada West conference and Huskie Athletics coach of

the year. He is a chartered professional coach (ChPC), NCCP Performance Coach Certified in the Sprints and Hurdles and Endurance event areas and Performance Coach Trained in the Jumps. He has been a national team coach for Canada in 2017 and 2018, has lectured on Performance Analysis internationally, and has a graduate degree in High Performance Coaching and Technical Leadership.

ASSISTANT COACHES:

MARK BAERG, Pole Vault

DEAN BERTOIA, Throws

DAVE CHRISTENSEN, Middle Distance

KEVIN CUMMING, Jumps

MAVIS DZAKA, Sprints and Hurdles

JAMIE EPP, Endurance

JAMIE FAST, High Jump

TODD JOHNSTON, Sprints, Hurdles, CE

MURRAY MCCORMICK, Endurance

SCOTT MCCUBBING, Pole Vault

IVAN TAM, Sprints and Hurdles

KARLYN WELLS, Sprints and Relays

